

## Characteristics of Domestic Violence

Domestic Violence comes in many forms. Some typical situations include:

- Regular criticism, name-calling, put-downs.
- Minimized or belittled feelings
- Unsafe or fearful feelings
- Hitting, punching, slapping, kicking, shoving, strangling, or biting
- Destroying and/or stealing personal belongings
- Abusing or threatening children and grandchildren
- Use of intimidation or manipulation as a means of control over a victim or his/her children
- Isolation from friends, family, and community
- Threats of "outing" or criticism of sexual identity
- Threats to hurt the victim's friends, family, or pets
- Control of access to money or transportation
- Repercussions for a victim going where he/she wants when he/she wants
- Deportation or immigration status threats
- Prevention from working or attending school
- Harassment at school or work
- Public or private humiliation
- Denial of food, clothing, sleep, or medications
- Practice or accusations of affairs
- Forceful or unconsensual sexual acts
- Use of weapons to hurt or threaten

Modified from a publication by the Eastside Domestic Violence Program, <http://www.edvp.org/>